



Empire Swimming
 Rocket Team Practice Schedule at Purchase College
 May 2024

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------------|--|--|--|-------------------------|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| | | REGULAR PRACTICE | REGULAR PRACTICE | 4:45-5:45 at HACKLEY OR 5:15-6:15 at MASTERS | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| REGULAR PRACTICE | NO PRACTICE | 4:45-5:45 at HACKLEY OR 5:15-6:15 at MASTERS | 4:45-5:45 at HACKLEY OR 5:15-6:15 at MASTERS | 4:45-5:45 at HACKLEY OR 5:15-6:15 at MASTERS | | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| REGULAR PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE PAC MEET | PAC MEET | PAC MEET |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| REGULAR PRACTICE Empire Meet Deadline | REGULAR PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE | | |
| 27 | 28 | 29 | 30 | 31 | 1 | |
| NO PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE | REGULAR PRACTICE | EMPIRE JUNE SPRINT MEET | |
| Regular Purchase Rocket practice is Monday-Friday 5:15 - 6:15 PM | | | | | | |